

Yoga Radiance



Engaging In Your Life...

Date

Tuesdays May 8, 2012 – May 29, 2012 (4 week series)

Time

6:00 pm – 7:00 pm

Location

Elements Day Space
2954-B Howard Ave
Myrtle Beach, SC 29577

Join Us! Practice yoga with your friends.

Bring Your Mat

A series of supportive poses to nurture and nourish the body during active treatment of Cancer and for the Warriors who survived.

Please bring a notebook or journal to write in. Plus a medical note from your doctor.

Amanda Powell-Wooten

www.elementsdayspace.com

Contact

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What is Donation Based Yoga?

In short it is pay-what-you-want. The suggested donation is a sliding scale \$5-\$15 per class. We don't turn anyone away for a lack of funds. Those that can give more help balance out those that have less to give. We thank you for supporting us offering yoga classes to our community.

Additional Info:

This is a non-profit program by Elements Healing Space, inc